



## TREC GB Protocol for Training and Competitions



This protocol is to be used in conjunction with the TREC GB Framework for Restarting Events – Step 2 (Train) and Step 3 (Small, local events) and the TREC GB Generic **plus COVID-19** Risk Assessment.

The following apply to ALL TREC GB Affiliated Training events and Competitions.

These are the minimum requirements – Organisers may take additional measures which are appropriate for the training or competition they are holding.

**All text in BOLD must be followed;** normal text gives additional information and guidance.

### **1. Planning:**

**For all events, a completed Booking Form and Risk Assessment must be sent to [admin@tregb.com](mailto:admin@tregb.com) at least 2 weeks before the proposed event**

**Training events may be resumed as soon as TREC GB (and your National Government Guidelines) allow**

**Only outdoor venues are currently permitted. However in England covered venues with open sides are also permitted.**

**Competitions will be allowed to run when TREC GB and your National Government Guidelines allow.** One day Summer competitions may be possible in 2020 e.g. 10/10, Score TREC and POR only or POR with PTV events. Where practical, one day Level 1 competitions will be permitted to be Qualifying competitions, but all other levels will not. Arena TREC Winter League competitions may start from September, providing these are outdoors, in an arena or safe outdoor space. Organisers are allowed to be creative in order to put on an event.

**No two-day events to run until TREC GB and your National Government Guidelines make it permissible.** This may mean no two-day competitions until 2021.

**League Points will not be awarded for any Summer competitions that do run.**

**All entries and payments to be completed online/email & BACS in advance of the show date.**

**Attendee / Competitor Information must clearly state that anyone entered who is symptomatic, or has a member of their household who is symptomatic or suspects they have been exposed to the virus must not take part and must remain at home.** Organisers are encouraged to take a sympathetic view with regard to refunds for those who have to withdraw for health issues.

**All paperwork including Competitor Information, times, PTV course plans and obstacle data sheets must be emailed to riders prior to the training or competition. None of these are to be available at the venue.** This is to ensure people do not gather round them. Competitor

/Attendee Information must contain all details of any variation (from normal) to the way the event will be run, so they are fully aware of the requirements for the day and their responsibilities. TREC GB may consider it more appropriate for maps to be pre-printed with the POR route already showing to avoid the need for a map room. These are now available from our current TREC GB map supplier (Nicholson's) on request.

### **Vaccinations –all checked electronically prior to the event**

**Riders may be accompanied by one other person from their household, if necessary.**

**Protective, disposable gloves to be made available for all helpers and riders, but their use will be optional.** Remind all helpers before the event that they must maintain the 2m distance (or other distance as per your National Government Guidelines)

**First aid: ensure equipment is 'in date' and appropriate Personal Protective Equipment (PPE) has been sourced before the event.** If possible, goggles/safety specs or visor and a face mask should be provided as well as gloves. Any face masks provided must meet EN14683, type 11R. First aiders are advised to read up to date government guidance <https://www.gov.uk/government/publications/novel-coronavirus-2019-ncov-interim-guidance-for-first-responders/interim-guidance-for-first-responders-and-others-in-close-contact-with-symptomatic-people-with-potential-2019-ncov>.

**Catering: on site catering is allowed for take-away foods only.** Social distancing must be maintained throughout the purchasing and consumption of any food and drink. Disposable cups and plates only or ask all attending the event to supply their own food and drink for the time they will be at the venue.

**Urge all individuals to take their rubbish home with them.** Also ensure plenty of bags are available for disposal of rubbish

Organisers might like to give an allowance to helpers in lieu of providing food (by BACS)

### **PTV and Arena TREC:**

**Equipment sharing must be avoided, so no obstacles that may necessitate touching by competitors to be used e.g. ticket punch or gate.** Also consider not using low branches as these take two people to rebuild them if they come down and social distancing may not be possible. Consider setting up more than 10 obstacles for an Arena event to ensure variety of obstacles between classes. Consider allowing riders to complete all their rounds consecutively to minimise waiting between classes.

**Organisers may also use 'local' obstacles which do not require competitors to touch them - such as the Step Over Stile, the Side Pass and the Kilnhanger Steps (trot or canter poles).** The Rules Group is collating a list of 'local' obstacles which will be given 'temporary approval' to use.

**Poles to be moved by one person only unless the poles are longer than 2m.** This includes setting up and altering courses between classes.

**Volunteers:**

**Keep to the minimum needed.** This will include Trainers, Judges, and Stewards such as for check points, tack check, PTV obstacles, start and warm up. For Arena TREC competitions unless the judge and writer are from the same household, consider using two judges who write for themselves.

**Volunteers must avoid direct contact with riders and obstacles.** Organisers need to consider having backup lists of judges and helpers as any one person could have to self-isolate as a result of illness or as track and trace becomes common.

**POR:**

**If possible, arrange Check Point (CP) stewards to be from the same household, to minimise risk. Competitors to write their own arrival and leave times on the score card as instructed by the stewards. They must show it to the CP stewards to confirm it is correct in order to prevent the steward handling the card.** The steward should still complete a Check Point Record Sheet as usual.

**Ticket points must not be in a form that require handling by competitors.** Laminated cards, natural features, electronic 'dibbers' and manned tickets may all be used rather than 'orienteering punches'.

**At a competition, no prize-giving will take place on the day and all results, provisional and final will be posted online/emailed.**

**Travel to a venue needs to be in accordance with National Government Guidelines**

**2. At the event:**

**Communication (posters/signage etc.) must be clearly displayed to remind attendees of the need for social distancing measures, health and hygiene requirements etc.**

**There must be a minimum 5m between parked vehicles.** Numbers of vehicles attending must be appropriate to allow for this.

**Social distancing must be adhered to, maintaining a 2m distance between people at all times (or other distance as per your National Government Guidelines)**

**Prior to leaving the vehicle, and on return to the vehicle, all riders and helpers to follow suitable hand washing protocol/use of hand sanitiser.**

**All hand sanitisers used at the event must be of at least 60% alcohol content.**

**Good hygiene practice must be implemented throughout the day.** This includes hand-washing facilities and/or hand sanitiser stations. Attendees and volunteers should wash/sanitise hands regularly.

**Where soap and water are not available, hand sanitisers need to be provided.**

**Toilets are high risk, but necessary. These must be cleaned regularly throughout the day, paying special attention to handles/locks etc. Only 'air' hand driers or paper towels to be used. The same conditions apply to Portaloos. External doors to a permanent toilet 'block' to be kept open at all times to increase air flow.** Attendees can be encouraged to bring their own facilities; short training events may require fewer toilets.

**The number of trainees or competitors in an arena or PTV warm up area must be strictly limited to enable social distancing and in accordance with your National Government Guidelines.**

**POR: all Organisers must adopt procedures which enable all Check Points (including the Map Room) and Tack Check to be run in a way that maintains social distancing and minimises contact between people, both riders and volunteers.** There are many ways in which this can be done and the measures adopted at each training event or competition may be different. The Map Room should be outside where possible; if under cover, this must not be enclosed and must have ample ventilation.

**First Aid: If a member of the injured party's household is present, they should administer the first aid under the guidance of the suitably qualified person. Provide disposable gloves and a face mask for the first aider in case of an emergency (i.e. providing first aid where a family member is not present to assist the injured party).**

**Attendees / Competitors to leave the venue as soon as practical after finishing.**

**All competition results to be emailed and any rosettes posted.**

