



TREC Training

Part of the RKTG Jubilee Weekend at

Tai Cyd, Brechfa, Carmarthenshire. SA32 7BW

Friday 3rd – Sunday 5th June 2022

By kind permission of Windsor Richards

Tai Cyd is a small farm, in a picturesque setting on the southern edge of Brechfa forest. It is also the home of Tai Cyd Healing Retreat, run by Tirion Richards.

The riding is extensive. The terrain whilst not flat, is more undulating than steep and yes, there are trees!

Tirion offers various types of massage and reflexology and you can book treatments with her during the weekend.

This is a 'Pick n Mix' weekend; you can join for as much (or as little) of the weekend as you like and we will tailor the activities on Sunday to meet what everyone requests. Please let us know in advance, and we will aim to accommodate as much as we can

Camping and corralling are available for the weekend; limited stabling available.

Below is the basic plan:

Friday:

Tai Cyd open for RKTG Jubilee weekend

We are hoping to arrange pizzas on Friday evening from Forest Arms, Brechfa for those who wish to book these.

Made at Moithan will be providing the Saturday night meal and will be available for Breakfast rolls and hot drinks on Saturday and Sunday mornings. They can also provide pre-ordered packed lunches. (These will be provided for judges on Saturday)

You are also welcome to self-cater. There is a pub and village shop in Brechfa.

Saturday:

As part of the weekend, we are running a small TREC competition, which will include a ridden route, a pace control section and a cross country obstacle course.

There will be two levels –

Level 1, which will be suitable for beginners and newcomers to TREC. Level 3, which is longer and has a greater level of technicality, but will have special features which make this particularly suitable for those who have never tried Level 3 before but would like to try navigating a route with more technical aspects.

You can choose to be as competitive (or not) as you like and there will be checkpoints along the route so we can keep track of you. To enter the competition, you will need to use the entry form on the competition schedule

If you don't feel ready to compete, please come to help, observe and generally find out more about a three phase TREC competition. This is a great way of learning and getting involved and great fun too!

Saturday afternoon, we have been invited to join in a Jubilee Horse Parade through the centre of Brechfa. Details have yet to be confirmed.

Saturday evening will be a social and evening meal (meat and vegetarian options available)

Sunday:

Pick N Mix training. We will be using a lot of the material prepared for the competition and will be providing a number of options for you to choose from including:

1. Understanding maps and basic navigation
2. Estimating distance and speed
3. Guided / escorted Level 1 route
4. More challenging navigation – focussing on grids and bearings.
5. Where did I go wrong? A chance to revisit Saturday's route.
6. Obstacle training – an opportunity to practice the previous day's course.
7. Obstacle training – basic arena practice and the judge's point of view

Our final time-table will be based on what you want!

Sunday 15:00

Everything stops for tea! An afternoon tea to celebrate the Queen's Jubilee.

We expect to finish at around 17:00 on Sunday.

Fee includes maps, training materials, forestry permissions and day parking

Interested in this fantastic weekend? To secure your place, please fill in the booking form and send to Chris Paine, Cott Farm, Martletwy, Narberth, Pembrokeshire. SA67 8AB or email christine.A.paine@outlook.com

Please include your payment – either BACS transfer or cheque.

For further information, please contact Chris Paine by email or 07788 747523

TREC Training Tai Cyd Jubilee Weekend

Name: D.O.B: (if under 18).....

Address:

..... Post code.....

Email:..... Telephone.....

Date of Birth (if under 18 on day of training).....

If under 18, your parent or guardian will need to sign the form and we will also need a completed Parental Consent Form.

I am / am not a *Red Kite TREC Group* member (please circle) Membership No.....

I am / am not a TREC GB member Membership No.....

Horse name:..... Horse Age:.....

Height:..... Breed:.....

Please give brief details of your current riding experience (and of your horse) to help us plan.

TREC Experience: I ride at Level

What would you most like to gain?.....

		£
Saturday	I would like to attend to help and see what happens at a TREC competition (free)	Yes/No
	I would like to enter the TREC competition (please enter on separate form). If you are entering the competition, you can pay for corralling and food on this form.	Yes/No
Sunday	I would like to take part in the TREC training day £10 for people who competed or helped on Saturday, For those attending Sunday only - £20 for RKTG or TREC GB members, £30 non-members (includes day membership of RKTG)	
Sunday	What training sessions would you like to do? (Please list) Other?	

Camping and Coralling	Per horse for the weekend, including a vehicle /tent for human accommodation	
Catering	<p>I am interested in pizza on Friday evening</p> <p>Saturday night meal - £10 per person for two courses. Meat or vegetarian options.</p> <p>Number of meals ordered</p> <p>Any dietary requirements that we need to be aware of? (please state)</p>	Yes/No
Total		£
	<p>Only fully vaccinated horses will be allowed to attend.</p> <p>My horse is registered on the TREC GB Flu vaccination database</p> <p>If you have answered No, please send a copy of your horse's vaccination record with your entry.</p>	Yes/No

Emergency Contact details:-

Name..... Telephone.....

Please pay **REDKITE TREC Group** by BACS – sort code 40-34-02 (HSBC), account 91431668

Please send the form and cheque (if not using BACS) to Chris Paine, Cott Farm, Martletwy, Narberth, Pembrokeshire. SA67 8AB. Email: christine.A.paine@outlook.com Phone 01834 891433 Mobile 07788 747523

SIGNED: