

## Appendix 2: Permitted standards for safety helmets and body protectors

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### A2.1 Standards for safety helmets

A safety helmet conforming to one of the following standards must be worn, with the chinstrap fastened, at all times when mounted.

The approved standards for British TREC are

- PAS 015 (~~1998~~ or 2011) provided it has a BSI Kitemark OR an Inspec IC Mark
- VG1 01.040 (2014-12) provided it has a BSI Kitemark OR an Inspec IC Mark
- ~~- SEI ASTM 95~~
- SEI ASTM F1163 (2004a or 04a onwards), providing it has an SEI mark
- SNELL ~~E2001~~ OR E2016, providing it has a SNELL label and number
- AS/NZS 3838 (2006 onwards), providing it has an SAI Global mark

Any hat used must conform to one or more of these standards.

**[Hats conforming only to the struckthrough standards above may be used at TREC GB insured events up to December 31<sup>st</sup> 2022, but not on or after January 1<sup>st</sup> 2023.]**

### A2.2 Hat cameras

A camera may not be worn on the hat when mounted.

### A2.3 Body protectors

The approved standard for body protectors for British TREC is BETA Level 3 (with purple 2009 label or turquoise/ blue 2018 label).

It is recommended that body protectors are replaced every 3-5 years, even if they are apparently undamaged.